

Six Anchors at Pioneer Middle

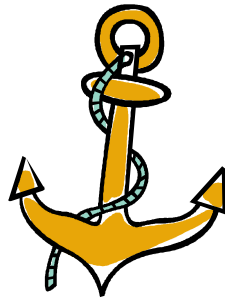
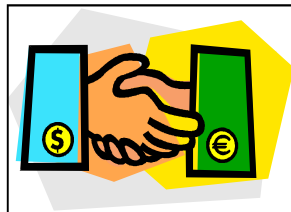


Table of Contents

❖ **Respect**

October (yellow: think the golden rule)

❖ **Responsibility**

November and March (green: think being responsible for money or a garden)

❖ **Caring**

December (red: think of a heart)

❖ **Citizenship**

January (purple: think regal purple as a state)

❖ **Fairness (social equity)**

February (orange: think of dividing an orange into equal sections to share with friends)

❖ **Trustworthiness (honesty)**

April (blue: think “true blue”)

Respect



RESPECT

Respect:

Treat others as you wish to be treated;
follow the “Golden Rule.”
Be tolerant of differences
Use good manners, use proper language
Don’t threaten, hit, or hurt anyone
Be considerate of the feelings of others
Deal peacefully with anger, insults and
and disagreements
Take pride in the accomplishments of
yourself and others

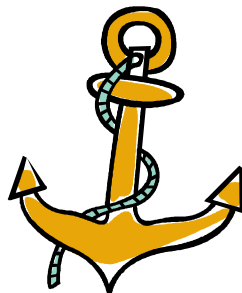
When “talking” respect remember:

To respect yourself
To respect others
To respect property



Key words:

Dignity, privacy, freedom autonomy
Tolerance and acceptance
Nonviolence
Courtesy - civility, considerate



RESPECT

TALKING POINTS:

“You have to expect things of yourself before you can do them.”

*-Michael Jordan
(Basketball Player)*

Think of a time when you asked more of yourself than you thought you could do. What was the result?

“No one can make you feel inferior without your consent.”

*-Eleanor Roosevelt
(Former First lady,
reformer, and
humanitarian)*

Think of an instance when someone tried to put you down. What did you do? If you're satisfied with the way you handled the situation, tell why. If you're not, explain what you would do differently.

“If you don’t have confidence, you’ll always find a way not to win.”

*-Carl Lewis
(Olympic track star,
winner of nine gold
medals)*

What do you think Carl Lewis means by this statement? Give an example of someone you know (it could be yourself!) who talked himself or herself out of winning because of self-doubt.

“I’m not concerned with your liking or disliking me... All I ask is that you respect me as a human being.”

*-Jackie Robinson
(Baseball player)*

“I had never cared about acceptance as much as I cared about respect.”

*-Jackie Robinson
(Baseball Player)*

OPEN ENDED QUESTIONS:

Watch a sitcom on television and then write about how the actions of the characters demonstrated either respectful or disrespectful/rude behavior.

Bullies are often trying to make people “respect” them. Is this really respect or is it fear? What is the difference? How is bullying and violent behavior an act of disrespect?

Write about a time when you were disrespectful to someone. Why did it happen? Was it the right thing to do? What were the consequences? How did it make the other person feel? What did you learn from the experience?

Describe three things that you could do to be a more respectful person. How would that affect your relationships with others? How does it benefit you to be a respectful person?

Being sensitive to other peoples’ feelings and needs, being considerate. Acting polite and using manners. Admiration for someone or something because of abilities, qualities or achievements. Use of the above character traits can show respect for other people.

Are You A Respectful Person?

(Take this self-evaluation and find out)

True False

 I treat other people the way I want to be treated.

 I am considerate of other people.

 I treat people with civility, courtesy, and dignity.

 I accept personal differences.

 I work to solve problems without violence.

 I never intentionally ridicule, embarrass, or hurt other people.

I think I am/am not a respectful person because



Responsibility



RESPONSIBILITY

TALKING POINTS:

“I had been educated to the belief that when I was wrong...it was my responsibility – mine alone – to admit my fault and make amends.”

*-Avi
(author)*

“My doctrine is this, that if we see cruelty or wrong that we have the power to stop, and do nothing, we make ourselves shares in that guilt.”

*-Anna Sewell
(author)*

“We can’t just take things into our own hands because we’ve decided they’re wrong. We have to live by the rules, even when those rules don’t always seem right.”

*-Walt Morey
(author)*

In Mexico they say:

“it takes two to make a quarrel”

(Si uno no quiere, dos no pelean.)

In Sweden they say:

“It is seldom the fault of one when two argue.”

In most disagreements, both people share some responsibility. Next time you find yourself arguing with someone, stop and ask yourself this: What is my responsibility in this argument? How could I have done things better or differently? Was I being stubborn, prideful, unkind, unfair?

Once you admit to yourself that you contributed to the argument, it's easier to come to some sort of agreement, even if you only agree to disagree.

“If someone gives you a privilege, you owe them a responsibility.

-Unknown

If someone extends a privilege to you whether it is a parent, a teacher, or a friend take the responsibility that comes with the privilege. That's how you earn the trust of others and how you learn to trust yourself.

As a student, you have many responsibilities. You are responsible for your books and papers, for completing your homework assignments, and for studying for exams (tests).

As a member of our school community, you also have responsibilities. You are responsible for the way you treat yourself and others; you are responsible for the choices you make and the actions you take.

From the time she was quite young, television talk-show host Oprah Winfrey knew what it meant to be responsible. Now listen to her words:

“I don’t think of myself as a poor, deprived ghetto girl who made good. I think of myself as somebody who from an early age knew I was responsible for myself, and I had to make good.”

***-Oprah Winfrey
(Talk-show host)***

Today remember this: regardless of the circumstances you were born into, you can choose to take responsibility for the outcome of your life.

OPEN ENDED QUESTIONS:

Think about someone you know who is very responsible. How does that person demonstrate responsibility? Does that make you respect him/her more?

Write a letter to someone in the news who did something that you think was irresponsible. Be specific about why you don't think it was right and why you think this action sets a bad example.

Describe something that you have done that was very irresponsible. How did you feel afterward? What did you learn from it?

Have your students visit this website www.goodcharacter.com and click on "opportunities for action." There they will find opportunities to become involved in activities and issues relating to personal and social responsibility.

Accountable in word and deed, having a sense of duty to fulfill task. You will follow the rules, do your fair share of work, work hard, and be on time showing responsibility. You see a job that should be

done and realize that you are the person to get the job done. You may hurt a persons feelings and apologize. You have taken responsibility for your actions and have tried to make the situation better. Think of a time that you have taken responsibility for your actions. What did you do and what were the results of your actions?

Are You A Responsible Person?

(Take this self-evaluation and find out)

True False

- I do what needs to be done.
- I am reliable and dependable.
- I fulfill my moral obligations.
- I exercise self control.
- I use good judgment and think through the consequences of my actions.
- I am accountable for my actions; I don't make excuses or blame others.

I think I am/am not a responsible person because

Being responsible puts you in charge of your life.

Caring



CARING

TALKING POINTS:

“Our prime purpose in life is to help others. And if you can’t help them, at least don’t hurt them.”

*-The Dalai Lama
(Tibetian Religious
Leader)*

“No one has ever become poor by giving.”

*-Anne Frank
(Jewish Teenager)*

“When one helps another, both gain in strength.”

-Ecuadorian Proverb

“You really can change the world if you care enough.”

*-Marian Wright Edelman
(African American lawyer,
Founder of the Children’s
Defense Fund)*

“A friend in need is a friend in deed.”

*-Quintus Ennius
(Roman Poet from
239 to 169 B.C.)*

“A sure way for one to lift himself up is by helping to lift someone else.”

***-Booker T. Washington
(American educator,
Lecturer, and statesman)***

Go over the events of the past week. How did you help “lift someone else?”

“There is a magnet in your heart that will attract true friends. That magnet is unselfishness, thinking of others first...when you learn to live for others, they will live for you.”

***-Paramahansa Yogananda
(Spiritual teacher from India)***

Who’s the most unselfish person you know? Does this person have a lot of friends? What exactly does he/she do (or not do) that attracts friends? List at least two specific things.

OPEN ENDED QUESTIONS:

Working as a team can be difficult. If we have a disagreement, we can use conflict resolution techniques and strategies to find a solution. There is a need to understand others and treat them with compassion, kindness, sympathy and a forgiving spirit. Empathy - being able to put yourself in another person's "shoes" can help to understand a point of view different from your own. Thinking and choosing words thoughtfully can help to avoid hurting other peoples feelings. Being gracious, doing something that may help others, and not laughing at other's misfortune can show caring. Describe a time when you exhibited these characteristics. How did it make you feel? How did it make the other person feel?

What does it mean to be a caring person? Have your class brainstorm a list of do's and don'ts for being caring. Ask for specific examples of each behavior they identify. Hang the list up on the wall as a reminder.

Ask your students to list different things that kids at your school do which are either caring or uncaring. Discuss how they feel about these things. Brainstorm ways to make your school environment more caring.

Describe the most caring thing that anyone has done for you. How did it make you feel? What effect did that have on you?

Imagine that someone gives you a lot of money on the condition that you have to spend it all to help other people. What would you do with it and why?

Are You A Caring Person?

(Take this self-evaluation and find out)

True False

- | | | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | I treat other people the way I want to be treated. |
| <input type="checkbox"/> | <input type="checkbox"/> | I am considerate of other people. |
| <input type="checkbox"/> | <input type="checkbox"/> | I treat people with civility, courtesy, and dignity. |
| <input type="checkbox"/> | <input type="checkbox"/> | I accept personal differences. |
| <input type="checkbox"/> | <input type="checkbox"/> | I work to solve problems without violence. |
| <input type="checkbox"/> | <input type="checkbox"/> | I never intentionally ridicule, embarrass, or hurt other people. |

I think I am/am not a caring person because



“Secrets That Made Paul Special”

The optimist sees the doughnut, the pessimist, the hole.
McLandburgh Wilson

Paul was my little brother, and he was special. He was different from me because he was blind, and he sat in a wheelchair. Lots of people knew he was different because he had his own school bus and had to go to a special school. But that's not really why he was special.

Paul was special for the things just our family knew about – like introducing us to new friends. Lots of times when we walked with Paul, other kids came over and asked us why he was in his chair. They wanted to know why Paul couldn't see, and I would tell them to shake Paul's hand. Then we'd talk about other stuff.

Paul was a good listener. I could tell him all kinds of things, and he never got tired of listening to me. He laughed when I told him something funny, and he was the only one in our family who could keep a secret. Paul helped me exercise. Sometimes when we'd go for a walk, we'd have to go uphill. Paul liked to feel the sun and wind on his face, and he liked to listen to the birds. When I pushed his chair to the woods at the top of the hill, I was really getting my exercise!

Paul helped us carry things. He never minded if I hung my backpack on the back of his chair or if Mom put her purse there. Sometimes he carried the packages we'd get when we went shopping. I think he felt like the driver!

Paul helped me hear small noises. When I was his reader, I read at my own speed. Sometimes I had to stop to figure out a difficult word, but Paul didn't mind. His favorite stories were about animals, especially worms.

When there was a special day in town, like the circus in summer or the one time when the president came in his helicopter, Paul would let me share his front-row seat.

In winter, Paul helped me keep my feet dry. When Paul went somewhere he had to use ramps instead of stairs. The snow was usually shoveled off the ramps, so we both kept our feet dry! Inside buildings, Paul gave me free elevator rides. Paul's chair didn't fit on the escalator, and boy, was I glad. I don't like escalators!

Paul hardly ever complained. He went along with whatever the rest of us wanted to do. One time when he had a fever, he got crabby, but he never yelled or fought or asked me to switch the TV channel.

Paul let me put things in his lap. We played a kind of feel-and-tell game. Sometimes I put different toys there for him to feel, or I'd surprise him with our dog, Muffin. Once I put a crawly worm in his lap. He was always surprised when I let him hold something new. He made faces and sounds to let me know his guess.

Paul let me come with him on the rides at the fair. They have a handicapped-ride day, and all the kids in wheelchairs get to go on the rides for free. Since Paul couldn't sit up by himself, I got to sit on one side of him so he wouldn't fall over.

Paul was my friend. He couldn't talk to me like most of my friends, and he couldn't run outside or play hid-and-seek. But he was there for all the quiet times, and he had the best smile in the world.

Paul died in his sleep five years ago. Growing up as his sister was a blessing. He helped me to see that there is a positive side to every situation, if we simply make the choice to find it.

Judy M. Garty

Citizenship



Citizenship

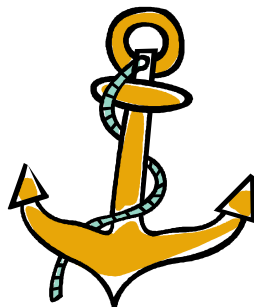
Citizenship:

Do your share to make your school
and community better
Cooperate with others
Stay informed - Vote
Be a good neighbor
Obey laws and rules
Respect authority
Protect the environment



Key Words:

Do your share - common good,
Volunteer, cooperation, participate,
Care for the environment
Respect Authority and the Law -
Authority, democracy, law abiding



CITIZENSHIP

TALKING POINTS:

“Ask not what your country can do for you – ask what you can do for your country. My fellow citizens of the world: ask not what America will do for you, but what together we can do for the freedom of man.”

*-John F. Kennedy
(35th President, WWII hero)*

“A person who is able to contribute something to the world is a fortunate person, and each of us should be able to at least “brighten the corner” where we are.”

*-Charles Schultz
(U.S. cartoonist)*

“Actions speak louder than words.”

-American Proverb

“An important part of who you are is what you want to be.”

-Unknown

“When you cease to make a contribution you begin to die.”

*-Eleanor Roosevelt
(Former First Lady and reformer)*

We can make many different contributions – to our families and friends, our schools and churches, the environment, and so on. Think of two ways you might make a contribution.

“We need to restore the full meaning of the old word, duty. It is the other side of rights.”

*-Pearl S. Buck
(Author)*

In other words, we have a duty to our country and our fellow citizens to help maintain our rights. How? By being honest, responsible citizens who actively contribute to our school, our communities, and our country.

Today, ask yourself this: What are my duties as a member of the American society? Then look for ways to be an active citizen.

OPEN ENDED QUESTIONS:

Service or volunteering to school, community and country can show citizenship. Being an educated individual and voting in elections, being respectful when the national anthem is played or sung, displaying the flag of your country can show citizenship and patriotism. Describe what you do to show citizenship to your school, community and country.

Go to an internet search engine and type in “kids making a difference.” Students will find countless inspiring examples of how young people have made their communities and the world a better place. Do these stories give them any ideas about things they might like to do?

Go to www.goodcharacter.com and click on “opportunities for action.” There they will find opportunities to become involved in community service projects and other activities related to citizenship and civic responsibility.

What makes your neighborhood or community a nice place to live? What would you do to make your neighborhood or community a better place?

Have the class identify needs in the school or community and plan a service project to meet those needs. Visit www.goodcharacter.com and click on “service learning.”

Have a class discussion about heroes. Have students select their heroes and write about them. Visit www.giraffe.org/k12_3.html for ideas.

Are You A Good Citizen?

(Take this self-evaluation and find out)

True False

- I take responsibility for what goes on in my community.
- I do my part for the common good.
- I participate in community service.
- I help take care of the environment.
- I obey the law/rules.
- I help make our democracy work by voicing my opinions, voting, and participating in the decision making process.

I think I am/am not a good citizen because

“Remember, citizenship is social responsibility in action.”

Citizenship Making a Difference “A Safe Place to Play”

Davie, Florida – When James Ale was nine years old, he saw something that made him really mad. “We were playing on the street,” James recalled. “A car came out of nowhere and ran my friend over.” The car broke his friend Bobby Adam’s arm. In other parts of Davie, Florida, children have playgrounds. James wondered why he and his friends had to play in the street. He decided that his community needed a park.

The very next day James called Mayor Joan Kovac and asked for her support. She listened politely. Then he got 50 children in his neighborhood to sign a petition saying they needed a park. James met with the mayor and explained why the neighborhood was not safe for playing. He showed her a map of some empty land that could be used for a park.

The mayor and another town official looked at the spot. The city already owned the land, but they said the spot was too small for a park. They told James to be patient.

This made James fight harder. “Don’t take no for an answer,” he said. “If you see something that needs doing, do it.” He wrote letters, made phone calls to town officials, and added more names to his petition. Then a newspaper reporter wrote a story about his efforts.

Finally, James was invited to speak to the town council. He explained again why the park was needed. His year of hard work paid off. The council voted to create a playground on the spot James had shown them.

It has been almost ten years since James won his fight for a park. Young children like the swings and slides, and older kids compete on the basketball court. James no longer plays there, but he does like to visit. After all, he’s the only teenager in Davie who ever built a park.

Fairness (Social Equity)



FAIRNESS (SOCIALEQUITY)

Fairness:

Play by the rules

Take turns and share

Be open-minded; listen to others

Don't take advantage of others

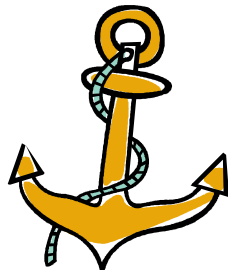
Don't blame others



Key Words:

Justice, equality

**Openness, impartial, fair play,
patience**



FAIRNESS (SOCIAL EQUITY)

TALKING POINTS:

“I believe we are here on planet earth to live, grow up, and do what we can to make this world a better place for all people to enjoy freedom.”

*-Rosa Parks
 (“Mother” of the civil rights movement)*

“Whoever told you that life is fair? Certainly not a navvy (laborer), nor an upstairs maid, nor a poor man trying to feed his family.”

*-Jane Yolen
 (U.S. Author)*

Is it possible for people who struggle to make ends meet, or survive on limited incomes, to feel that life is treating them fairly? If yes, explain. If not, why not?

“Beauty is in the eye of the beholder.”

*-Margaret Wolfe Hungerford
 (Irish writer)*

“A life is not important except in the impact it has on others.”

*-Jackie Robinson
(Professional
Baseball player)*

What impact do you think your life has had on others so far? What impact would you imagine your life to have on others in the future?

OPEN ENDED QUESTIONS:

Fairness is recognizing the uniqueness and value of each individual within our diverse society. We all have something to contribute to a goal; fairness is giving each person an opportunity to voice an opinion, share in the workload, and take a rest. Being tolerant, being able to accept that others do not think, believe, or live the way you do and learning to appreciate the differences is a way of showing fairness. Describe a time when you demonstrated fairness. How did it make you feel? How did it make the others around you feel?

Invite a judge to come and talk to your class about how he/she makes a fair decision in the courtroom.

Visit www.goodcharacter.com and click on “opportunities for action.” There they will find opportunities to become involved in activities and issues relating to fairness and justice.

What does treating people fairly mean? Does fairness mean everyone gets the same amount, like an equal piece of a chocolate bar? Does fairness mean enforcing the rules for everyone, even if it means losing a game?

Are You A Fair Person?

(Take this self-evaluation and find out)

True False

- I treat other people the way I want to be treated.
- I treat people with equanimity and impartially.
- I am open-minded and reasonable.
- I play by the rules.
- I don't take advantage of people.
- I consider the feelings of all people who will be affected by my actions and decisions.

I think I am/am not a fair person because

**"It is reasonable that everyone who asks justice should do justice."
-Thomas Jefferson**

“I Never Had It Made”

By Jackie Robinson

*While my father's exit from baseball stirred controversy, he made a timely decision. Just as opportunities opened up for him in the business and political communities, the Civil Rights Movement was heating up and Dad wanted to be a part of it. It was an exciting and challenging time to be an activist. Years later, my father summed up his life in his autobiography, explaining why he insisted on the title: **I Never Had It Made.***

Life, in spite of all the ups and downs, has been very good to me individually. Personally I have been very fortunate. Why then, do I insist that my autobiography be titled “I Never Had It Made”?

It is because I refuse to kid myself about the value of having a comfortable home, about having a little money in the bank, about having received awards trophies and honors and having had the opportunity to talk and work with some of the most influential people in the world in all phases of activity.

A life is not important except in the impact it has on other lives.

Everything I ever got I fought hard for – and Rachel fought by my side – but I know that I haven't got the right to say truthfully that I have it made. I cannot possibly believe I have it made while so many of my black brothers and sisters are hungry, inadequately housed, insufficiently clothed, denied their dignity as they live in slums or barely exist on welfare. I cannot say I have it made while our country drives full speed ahead to deep rifts between men and women of varying colors, speeds along a course toward more and more racism.

Life owes me nothing. Baseball owes me nothing. But I cannot, as an individual, rejoice in the good things I have been permitted to work for and learn while the humblest of my brothers is down in a deep hole hollering for help and not being heard.

That is why I have devoted and dedicated my life to service. I don't like to be in debt. And I owe. Some of my friends tell me I've paid the note a thousand fold. But I still feel I owe – till every man can rent and lease and buy according to his money and his desires; until every child can have an equal opportunity in youth and manhood; until hunger is not only immoral but illegal; until hatred is recognized as a disease, a scourge, an epidemic, and treated as such; until racism and sexism and narcotics are conquered and until every man can vote and any man can be elected if he qualifies – until that day Jackie Robinson and no one else can say he has it made.

Trustworthiness (honesty)



TRUSTWORTHINESS

Trustworthiness:

Be honest

Be reliable

Be loyal to your family, friends, and country

Build a good reputation

Have the courage to do the right thing

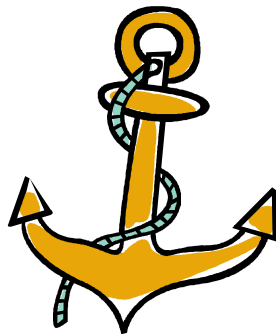
Keep your promises



Key Words:

Honesty- truth, integrity, honorable, forthright, candid

Upright, reliable, committed, dependable, sincere



TRUSTWORTHINESS

TALKING POINTS:

“Associate with men of good quality, if you value your own reputation; for it is better to be alone than in bad company.”

*-George Washington
(General, 1st President of
the United States)*

“The life of the nation is secure only while the nation is honest, truthful, and virtuous.”

*-Fredrick Douglass
(Orator, abolitionist)*

Fredrick Douglass, who said these words in the 1840s, opposed slavery and fought for civil rights long before the civil war. If you could do two things to help keep your nation “honest, truthful, and virtuous,” what would you choose to do? (Hint: You might wish to change an already existing condition.)

“Trust yourself. Think for yourself. Act for yourself. Speak for yourself. Be yourself.”

*-Marva Collins
(African American educator)*

“Honesty is the best policy.”

***-Miguel de Cervantes
(Spanish Author)***

“Admitting that you were wrong is just another way of saying that you are wiser today than yesterday.”

-Unknown

“If I keep my good character, I shall be rich enough.”

-Platonius

“There is no right way to do the wrong thing.”

-Unknown

“...as I go through life, I see more and more that honesty in word, thought, and work means success. It spells a life worth living.”

-George Eberhard

OPEN ENDED QUESTIONS:

Honesty is to admit wrongdoing, telling the truth. A person who is honest can be at ease and comfortable with oneself. Honesty can build trust between friends and build good reputations. Think of a time when someone was dishonest with you. How did it make you feel? How did you respond to that person?

If you tell just one lie, does it make you a liar? How many lies do you get to tell before you are a liar?

Do your parents trust you? What could you do that would make your parents stop trusting you? What would be bad about that?

Write about someone you trust. Why do you trust that person?

Write about how it makes you feel when somebody lies to you or misleads you?

Are You A Trustworthy Person?

(Take this self-evaluation and find out)

True False

- | | | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | I treat other people the way I want to be treated. |
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I think I am/am not a caring person because

