

Middle School Physical Education

Rules and Regulations

- Students are expected to be prepared for each and every class. Proper attire consists of sneakers, t-shirt (w/sleeves), shorts and /or wind pants, sweatshirt (for cold weather), swim suit and towel.
 - **No school clothes** are allowed to be worn in class!
- Student may not wear jewelry while participating in class. Post earrings that do not hang below the earlobe are allowed.
 - Only plastic bag or container for jewelry—**No Glass containers!**
- Students may not chew gum or candy in class.
- Students should not leave valuables in lockers **WITHOUT A SCHOOL PADLOCK** – proper storage space for essentials is provided for each student. **THE RESPONSIBILITY FOR PERSONAL POSSESSIONS AND CLOTHING BELONGS WITH THE STUDENT. –Put name on items!**
- Students are expected to come to class mentally and physically ready to work.
- At no time does a student leave the locker room, pool or gym without permission from the P.E. Instructor.
 - We will always line up at **Bulletin Board!**
- Foul language is **prohibited**; self-control is a must, encourage each other and always strive to do your personal best.
- Medical Excuses: any student who cannot participate in class must have a note. Parental notes for longer than one week will **NOT** be honored (school policy). A medical note must be obtained for long-term injuries. Medical notes require a note from the Dr. to return to normal class participation.
- Agendas: Students are to bring their agendas to every class. All unexcused absences will be marked in agenda and kept track of.

Responsible, Respectful and Ready !!